

**Curriculum Vitae**

**J. Benjamin Campbell, M.S., CRNA, NSPM-C  
Lt. Col. (ret), AN, USAR, FAANA**

**200 Briarpatch Court  
Mountain Pine, Arkansas 71956  
Telephone: 501-627-8287  
painless76@icloud.com  
www.RegenerativePainSolutions.com**

## CURRICULUM VITAE

**J. BENJAMIN CAMPBELL, M.S., CRNA**

**Born:** December 21, 1959, Memphis, Tennessee

**B.S.N.:** Mississippi College, Jackson, Mississippi, June 1981

**M.S.:** Medical College of Virginia /  
Virginia Commonwealth University, June, 1985  
Master of Science in Nurse Anesthesiology

**RN:** Mississippi, 1981, Inactive  
Virginia, 1982, Inactive  
Arkansas, 1985, RN: 28828, active; APRN: C00491, active  
Iowa, 2019, D154768 - Advanced Registered Nurse  
Practitioner, Inactive

**CRNA:** Successfully completed national board certification exam,  
1985,  
Certification: 38167, current

**Fellowship** University of Southern Florida  
Advanced Pain Management  
December 2020

**NSPM-C** Non-surgical Pain Management - Certified  
Successfully completed national board certification exam  
December 2020

### MILITARY EDUCATION:

**Officers Basic Course:** Fort Sam Houston, San Antonio, Texas, 1987

**Officers Advanced Course:** Phase I, Correspondence, 1988-1989

**Officers Advanced Course:** Phase II, Ft. Sam Houston, San Antonio, TX, 1990

**PROFESSIONAL EXPERIENCE:**

- August 1985 - June 1986**      **NORTHEAST ARKANSAS ANESTHESIOLOGISTS**  
**St. Bernard's Regional Medical Center, Jonesboro,**  
**Arkansas**  
**Staff Anesthetist**
- June 1986 - August 2001**      **REGIONAL MEDICAL CENTER OF NORTHEAST**  
**ARKANSAS**  
**Jonesboro, Arkansas**  
**Director of Anesthesia Services, Chief Nurse**  
**Anesthetist**
- June 1991 - August 2001**      **NORTHEAST ARKANSAS ANESTHESIA RELIEF**  
**SERVICES**  
**Jonesboro, Arkansas**  
**President and Founder**
- 1992 - 2002**      **DR. CONNIE HEIRS PLASTIC SURGERY CENTER**  
**Jonesboro, Arkansas**  
**Established Anesthesia Services for New Office**  
**Practice**  
**Director of Anesthesia Services**
- May 1996 - August 2001**      **JAMES B. PHILLIPS, MS, DDS, PA, Jonesboro,**  
**Arkansas**  
**Oral and Maxillofacial Surgery Center**  
**Established Anesthesia Services for New Office**  
**Practice**  
**Director of Anesthesia Services**
- 1997 - Present**      **Expert Witness Consultant**
- 2000 - 2002**      **THE PODIATRY GROUP, Jonesboro, AR**  
**Multi-specialty Surgery Center**  
**Established Anesthesia for New Surgery Center**  
**Director of Anesthesia Services**
- August 2001- Present**      **SELF EMPLOYED**  
**Anesthesia Specialists, P.A.**
- 2001 - 2007**      **NATIONAL PARK MEDICAL CENTER**  
**Hot Springs, AR**  
**Chief CRNA**

2007 - 2024                    **MENA REGIONAL HEALTH SYSTEM**  
Mena, AR  
**Co-Chief CRNA**

2012 -2014                    **AR CENTER FOR SURGICAL EXCELLENCE**  
Hot Springs, AR  
Established Anesthesia for New Surgery Center  
**Director of Anesthesia Services**

2021-2024                    **MENA INTERVENTIONAL PAIN SPECIALISTS**  
**Founder**

2023 - Present                **RURAL HEALTH PAIN MANAGEMENT GROUP**  
**Member**

2024                            **REGENERATIVE PAIN SOLUTIONS**  
**Founder**

2024 - Present                **Reviewer: Cureus Online Medical Journal**

**MILITARY EXPERIENCE:**

1988, 1989 & 1991            **ACTIVE DUTY - FT. SILL, OK**  
Reynolds Army Medical Center, Lawton,  
Oklahoma  
**Staff Anesthetist**

1992                            **ACTIVE DUTY – FRANKFURT, GERMANY**  
97th General Hospital  
**Staff Anesthetist**

1994                            **ACTIVE DUTY – DENVER, CO**  
Fitzsimmons Army Medical Center  
**Staff Anesthetist**

1995 & 1996                    **ACTIVE DUTY - FT. CAMPBELL, KY**  
Blanchfield Army Community Hospital  
**Staff Anesthetist**

1998, 1999, 2000, 2001      **ACTIVE DUTY - FT. SAM HOUSTON, TX**  
Brook Army Medical Center  
**Staff Anesthetist**

July – November 2002      **ACTIVE DUTY – EAGLE BASE, BOSNIA**  
**Operation Enduring Freedom**  
**Chief Nurse Anesthetist, 5501<sup>st</sup> USAH**

August - November 2003      **ACTIVE DUTY - BAGHDAD, IRAQ**  
**Operation Iraqi Freedom**  
**Chief Nurse Anesthetist, 628th Forward Surgical Team**

March – June 2006      **ACTIVE DUTY – LANDSTUHL, GERMANY**  
**Operation Enduring Freedom**  
**Staff Nurse Anesthetist, Landstuhl Regional Medical Center**

May – September 2009      **ACTIVE DUTY – FT. KNOX, KY**  
**Operation Enduring Freedom**  
**Staff Nurse Anesthetist, Ireland Army Hospital**

March – June 2011      **ACTIVE DUTY – Forward Operating Base Salerno**  
**AFGHANISTAN / PAKISTAN BORDER REGION**  
**Operation Enduring Freedom**  
**Chief, Dept of Anesthesia, 352<sup>nd</sup> Combat Support Hospital**

February 2014      **Retired Reserve - 28 years of service**

**TEACHING APPOINTMENTS:**

April 1998 - August 2001      **BLACK RIVER TECHNICAL COLLEGE -**  
**PARAMEDIC PROGRAM**  
**Clinical Instructor**

June 1987 - August 2001      **DELTA TECHNICAL INSTITUTE FOR PARAMEDIC**  
**EDUCATION**  
**Jonesboro, Arkansas**  
**Clinical Instructor**

June 1987 - June 1991      **ARKANSAS STATE UNIVERSITY SCHOOL OF**  
**NURSING**  
**Jonesboro, Arkansas**  
**Guest Lecturer**

June 1991 - June 1992	ARKANSAS STATE UNIVERSITY SCHOOL OF NURSING Jonesboro, Arkansas <u>Adjunct Faculty</u>
June 1992 – January 2003	ARKANSAS STATE UNIVERSITY SCHOOL OF NURSING Jonesboro, Arkansas <u>Adjunct Assistant Professor of Nursing</u>
May 2005 – November 2007	ARKANSAS STATE UNIVERSITY School of Nurse Anesthesiology <u>Clinical Instructor</u>
January 2021 - present	UNIVERSITY OF SOUTH FLORIDA <u>Clinical Coordinator - Advanced Pain Management Fellowship</u>

#### PROFESSIONAL ORGANIZATIONS:

Member	American Nurses Association (past member)
Member	American Association of Nurse Anesthetists
Member	Arkansas Nurses Association (past member)
Member	Arkansas Association of Nurse Anesthetists
Member	Sigma Theta Tau – Honors Society of Nursing
Member	Military Officers Association of America
Life Member	Reserve Officers Association
Member	International Association for the Study of Pain
Commissioned	Lieutenant Colonel, United States Army Reserve

#### POSITIONS HELD:

1993-1996	Chairman, Public Relations Committee AR Association of Nurse Anesthetists
1994-1996	Member, Public Relations Committee AR Council of Advanced Practice Nursing
1993-1995	Board of Directors, AR Association of Nurse Anesthetists

<b>1995-1996</b>	<b>Nominating Committee, AR Association of Nurse Anesthetists</b>
<b>1995</b>	<b>Prescriptive Authority Task Force, AR State Board of Nursing</b>
<b>1995-1996</b>	<b>Vice President, Arkansas Association of Nurse Anesthetists</b>
<b>1996-1997</b>	<b>President Elect, Arkansas Association of Nurse Anesthetists</b>
<b>1997-1998</b>	<b>President, Arkansas Association of Nurse Anesthetists</b>
<b>1998-2000</b>	<b>Federal Political Director, Arkansas Assoc. of Nurse Anesthetists</b>
<b>2000-2003</b>	<b>Practice Committee, American Association of Nurse Anesthesiology</b>
<b>2002- 2015</b>	<b>Webmaster / Communications Director Arkansas Association of Nurse Anesthetists</b>
<b>2008-2010</b>	<b>Board of Directors, AR Association of Nurse Anesthetists</b>
<b>2010 – Present</b>	<b>Arkansas State Advocate American Association of Nurse Anesthesiology Foundation</b>
<b>2011-2012</b>	<b>Interim President-elect, Arkansas Assoc. of Nurse Anesthetists</b>
<b>2015-2016</b>	<b>National Election: Resolutions Committee, American Association of Nurse Anesthesiology</b>
<b>2021-2022</b>	<b>National Board on Certification and Recertification of CRNAs (NBCRNA) Nonsurgical Pain Management Certification - Standard Setting Judge</b>
<b>2023 - Present</b>	<b>Pain Management Consultant Gevity Life Sciences / Biologics</b>

**HONORS / AWARDS:**

- 1985**                      **Adolph D. Williams Scholarship Award  
Department of Nurse Anesthesia  
Medical College of Virginia / Virginia Commonwealth  
University Richmond, Virginia**
- Military**                      **Afghanistan Campaign Medal with Campaign Star  
NATO Afghanistan Service Medal  
Army Commendation Medal (3<sup>rd</sup> award)  
Army Achievement Medal  
Army Reserve Components Achievement Medal (7<sup>th</sup>  
award)  
National Defense Service Medal (2<sup>nd</sup> award)  
Armed Forces Expeditionary Medal  
Global War on Terrorism Expeditionary Medal  
Global War on Terrorism Service Medal  
Army Service Ribbon  
Overseas Service Ribbon  
Armed Forces Reserve Medal with "M" Device, Numeral  
2 Device and 20 Year Device  
NATO Medal  
Expert Marksmanship Qualification Badge (pistol)**
- 2024**                      **Selected, Fellow of the American Association of Nurse  
Anesthesiology**
- PERSONAL:**
- Married:**                      **Former Mary Jane Johns, at Memphis, Tennessee**
- Children:**                      **Ashley Elizabeth (b. Richmond, Virginia, 1983)  
Joseph Bradley (b. Jonesboro, Arkansas, 1987)**
- Interests:**                      **CAP - Civil Air Patrol - Southwest Region (retired)  
Pilot – General Aviation. Complex, high performance and  
instrument ratings  
AOPA - Airplane Owners and Pilots Association  
VFW - Veterans of Foreign Wars - Life Member  
ROA - Reserve Offices Association - Life Member  
CMP - Civilian Marksmanship Program  
Photography  
Shooting Sports**

**PUBLICATIONS / PRESENTATIONS:**

<b>1985 Masters Thesis</b>	<b>MEDICAL COLLEGE OF VA / VA COMMONWEALTH UNIV. Catheter versus Needle: Onset and Spread of Epidural Anesthesia (First known research of topic)</b>
<b>1987-2001 Yearly</b>	<b>ARKANSAS STATE UNIVERSITY Airway Management for the Paramedic</b>
<b>1987-2002 Yearly</b>	<b>ARKANSAS STATE UNIVERSITY Introduction to Anesthesia for BSN Students</b>
<b>1987-2001 Monthly</b>	<b>REGIONAL MEDICAL CENTER OF NORTHEAST ARKANSAS Anesthesia for the Parturient</b>
<b>1991 State Meeting</b>	<b>ARKANSAS ASSOCIATION OF NURSE ANESTHETISTS Epidural Anesthesia for Orthopedic Surgery</b>
<b>1993 State Meeting</b>	<b>ARKANSAS SOCIETY FOR PODIATRIC SURGEONS Current Concepts in Anesthesia Practice</b>
<b>1993 State Meeting</b>	<b>ARKANSAS ASSOCIATION OF NURSE ANESTHETISTS Upper Extremity Blockade</b>
<b>1994 State Meeting</b>	<b>ARKANSAS ASSOCIATION OF NURSE ANESTHETISTS Intrathecal Narcotics for Labor</b>
<b>1995 State Meeting</b>	<b>MISSISSIPPI ASSOCIATION OF NURSE ANESTHETISTS Intrathecal Narcotics for Labor</b>
<b>1996 State Meeting</b>	<b>INDIANA ASSOCIATION OF NURSE ANESTHETISTS <i>Intrathecal Narcotics; Upper Extremity Blockade; Epidural Anesthesia</i></b>
<b>1996 Local Chapter</b>	<b>NATIONAL ASSOCIATION OF ORTHOPEDIC NURSES <i>Postoperative Pain Management</i></b>
<b>1996 May 4-5</b>	<b>NORTHWEST ANESTHESIA SEMINARS <i>Instructor: Spinal \ Epidural Hands-on Workshop, Dallas, TX</i></b>
<b>1996 National Mtg</b>	<b>AMERICAN ASSOCIATION OF NURSE ANESTHETISTS <i>Risk Management in Obstetrical Anesthesia, Philadelphia, PA</i></b>

<b>1997 State Meeting</b>	<b>KENTUCKY ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Private CRNA Practice, Frenchlick, IN</i>
<b>1997 National Mtg</b>	<b>AMERICAN ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Instructor: Difficult Airway Workshop</i>
<b>1998 National Mtg</b>	<b>AMERICAN ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Instructor: Difficult Airway Workshop</i>
<b>1999 State Meeting</b>	<b>MISSISSIPPI ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Clinical Use of Desflurane, Jackson, MS</i>
<b>1999 Chapter Meeting</b>	<b>TENNESSEE ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Fast Track Anesthesia, Memphis, TN</i>
<b>2000 April 25</b>	<b>U.S. ARMY ADVANCED ANES NURSING POSTGRADUATE COURSE</b> <i>Principles of Fast Track Anesthesia, San Antonio, TX</i>
<b>2002 State Meeting</b>	<b>MISSISSIPPI ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Desflurane in The Elderly; Airway Management Techniques With Desflurane</i>
<b>2008 State Meeting</b>	<b>ARKANSAS ASSOCIATION OF NURSE ANESTHETISTS</b> <i>Anesthesia and the Modern Military Battlefield</i>
<b>2021-2023 Yearly</b>	<b>UNIVERSITY OF SOUTH FLORIDA</b> <b>Advanced Nonsurgical Pain Management Fellowship</b> <i>Instructor: Physical Assessment / Exam; Introduction to Clinical Residency; Interventional Procedures Instructor</i>
<b>2024 State Meeting</b>	<b>FLORIDA ASSOCIATION OF NURSE ANESTHESIOLOGY</b> <i>Regenerative Medicine for Pain Management and Aesthetics</i>
<b>2024 Twin Oaks</b>	<b>ADVANCED ULTRASOUND CONFERENCE, CLEARWATER, FL</b> <i>Regenerative medicine for chronic pain management Ultrasound guided stellate ganglion blockade</i>

**ARTICLES PEER REVIEWED**

1. Novel Ultrasound-Guided Sub-Piriformis Injection (SPI) May Produce Effective Analgesia for Both Open and Arthroscopic Hamstring Repair: A Case Report (Nov 15, 2024).
2. Thoracic Epidural and Intercostal Nerve Cryoablation in Multimodal Analgesia for Acute Pain Management of Rib Fractures: A Case Report (Dec 07, 2024)